



THE 'PATH OF FLOWERS'

Bright, colourful flowers may not be the first thing that comes to mind when you think of Bangkok - but look a little closer (with the help of one of our local guides) and you'll soon find that this vibrant city is much rosier than first glance.

Welcome to this 'Path of Flowers' one-day tasting tour of the Thai capital, where you will witness the beauty of the country through a variety of local flowers. Having been part of Thai culture for a long time, flowers are used for making a number of savoury dishes, desserts, and drinks by bringing out the best properties of each flower. As part of the trip, you'll get to both taste and try to cook some delicious dishes with the help of an expert chef.

PROGRAM :

1 DAY TRIP

🌅 10.30 a.m.

The Museum of Floral Culture, and Dok Mai Thai Salon du Thé

- Visit the Museum of Floral Culture
- Join a floral workshop
- Enjoy a lunch inspired by flowers
- Taste and sip after-meal desserts and tea

☀️ 2.00 p.m.

Take a stroll through Pak Khlong Talad, Thailand's largest and most famous flower market

3.00 p.m.

Enjoy afternoon snacks at the nearby Floral Cafe at Napasorn

🌙 4.00 - 8.00 p.m.

Learn how to cook Thai cuisine using flowers as the main ingredient and enjoy dinner while cruising along the Chao Phraya River, departing from Anantara Riverside Bangkok Resort at sunset.

Co-created by



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The Museum of Floral Culture & Dok Mai Thai Salon du Thé

THE MEANING OF FLOWERS IN THAI CULTURE



Get to know all about the different kinds of flowers that grow in Thailand and learn about the 'roots' of the many Thai traditions that involve flowers; some of these include Teacher's Day, Songkran Festival (Thai New Year), Loy Krathong light festival and traditional weddings. See the reproduction of the famous Loei flower parade and admire the flower-inspired artwork found throughout this fascinating museum. You'll notice that Thais usually display flowers in a different fashion to the west, with each petal neatly arranged or bound together to create a hanging mobile—rather than simply dumped in water at the bottom of a vase. You can also join a workshop where you'll be taught how to make your own Thai flower wreath.

After the workshop, it's time for lunch! Of course, what you'll be eating follows in suit with the theme of the morning, with flower-inspired dishes served at the museum's very own on-site restaurant. Get stuck into the chef's pretty creations such as deep-fried squid with coconut served with butterfly pea dip, the cowslip creeper omelette, or crab egg chilli paste with fresh vegetables and flowers.

For afters, stop by at Salon du Thé cafe to try their many selections of flower tea such as white meranti, rose, jasmine, sakura, and lotus varieties, all of which go perfectly with a local Thai dessert like frozen rose jelly yogurt with a light fragrance and Insta-worthy rose pink colour.

The Museum of Floral Culture & Dok mai thai salon du the
315 Samsen Rd. Soi 28, Yaek Ongkarak 13, Dusit, Bangkok 10300
Open Tuesday - Sunday, 10.00 a.m - 6.00 p.m
Tel. +66 2 669 3633 FB : The Museum of Floral Culture





THAI CULTURE

THE THAI
ALTERNATIVE TO A
BOUQUET
OF
FLOWERS

Thai flower wreaths have been part of traditional Thai culture for many years. These are created by combining different kinds of small flowers that are commonly found in the country, such as jasmine, gardenia, globe amaranth, and crown flowers. The flowers are then sewn together to create a wreath in a variety of flamboyant and colourful designs.

In the olden days, wreaths were used as an offering for monks and teachers, but now the meaning has changed. In modern-day Thailand, they are used to offer congratulations, give thanks, or simply turned into a decorative item to mark important festivals and celebrations.

Flower Market Pak Khlong Talad



THE BIGGEST HUB OF FLOWERS IN THAILAND

One of the top 10 flower markets in the world, even the likes of National Geographic have pinpointed Bangkok's 'Pak Khlong Talad' as a must-visit market to visit. Vendors set up shop all day, every day, selling both common Thai flowers that are grown all over the country, as well as rarer varieties that are normally only be found in the cooler hills of the north. Some, such as domestic roses, can be bought individually, while others are sold in bunches or as pre-made wreaths.

If you want to know more about flowers, this is the place to be. Browse through, take photos (if permitted) and meet with some of the friendly local vendors and florists who are more than happy to explain more about their flowers, where they've been sourced from and what they are best used for.

Flower Market Pak Khlong Talad (Flower Market)
Chak Phet Rd. Wang Burapha Phirom, Phra Nakorn, Bangkok 10200
Open Daily 24 hrs.



THAI CULTURE

THE MEANING BEHIND EACH FLOWER

Bangkok's 24-hour Pak Khlong Talad is the nation's hub for practically every domestic species of flower and people come here from far, and wide to shop for different varieties, either for making decorations or to give to other people as a gift. But behind this abundance of beauty, there is also meaning...

1. Jasmine is the symbolic flower of Mother's Day, which represents pure love and compassion.

2. Marigold reflects prosperity, and is usually offered during important ceremonies such as weddings, moving house, or opening up a new business, as a blessing.

3. Orchids signify success in life, career and love.

4. Chrysanthemums represent sustainability, and are often used as a religious offering.

5. Globe Amaranth has an underlying meaning of unrequited love.

6. Crown Flowers suggest happiness in love, and are commonly used in wedding ceremonies.

Floral Cafe at Napasorn

THE CAFE WITH
FLOWER GARDEN IN IT



Tucked away beside the rows of shophouses that comprise the market, Floral Cafe at Napasorn is a true hidden gem that offers a sanctuary of quietness amidst the chaos all around.

As you step in, you might just think you've entered another flower shop; however, as soon as you head up one flight of stairs you'll discover one of Bangkok's most idyllic cafes, with other-worldly vintage decor and beautiful flower arrangements all around. To keep with the style, the cafe's home-made cakes and infused teas are made using flowers as their main ingredient. Some of the menu items not to be missed include the Minty Rose Tea, a combination of different kinds of herbs specially-made for their customers, as well as the Chocolate Raspberry Rose Cake which gives off a subtle rose scent with a sour yet sweet kick of raspberry.

Floral Cafe at Napasorn
67 Chak Phet Rd. Wang Burapha Phirom, Phra Nakorn, Bangkok 10200
Open Monday - Saturday, 10.00 a.m - 10.00 p.m.
Tel. +66 2 221 2039, +66 2 222 6895, +66 61 852 8866 FB : napasorn



Lavender Rose Tea, a sweet-scented rose-extracted tea garnished with vibrant lavender.



Anantara Riverside Bangkok Resort



LEARN TO COOK FROM FLOWERS IN A RIVER CRUISE ALONG CHAO PHRAYA

After learning about Thai flowers all day long in the busy city, a great way to end the day is to take to the water for an evening river cruise along Bangkok's famous Chao Phraya. You'll be departing on the 'Manora', a traditional-style teak boat that sets off from the luxurious Anantara Resort. You'll be heading upstream past some of Bangkok's most famous riverside attractions (such as Wat Arun and the Grand Palace). There's also time to learn how to cook some Thai dishes using flowers – under the guidance of an experienced chef onboard. Some of these flower-inspired dishes include deep-fried sesbania and chicken salad; cowslip creeper with minced pork soup; stir-fried Siam tulip

with shrimp and oyster sauce (that has medicinal properties like curing colds and improving appetite); and sticky butterfly pea rice balls with coconut milk and jasmine (this bright blue rice is known to help with blood circulation and is full of antioxidants). While these flowers might not provide the most noticeable flavour to each dish, they do add a bit of artistic creation to the food, as well as adding a number of medicinal and health benefits.

Of course, once you have helped out with the prep work, you can sit down and enjoy your own creations as you cruise along the Chao Phraya River.

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